

CURRICULUM

Master of Health Care, Master of Social Services, Development and Management of Health Care and Social Services

Studies in the Degree Programme in the Development and Management of Health Care and Social Services deepen your managerial competence from different aspects and enable you to combine your studies with the development of your own organisation or field of business. The studies focus especially on the strategic and economic management of the constantly developing social and health care service system and on human resources management. Karelia University of Applied Sciences provides you with studies in multiprofessional learning environments in close collaboration with working life.

Degree

Degree Title

Master of Health Care (Physiotherapy) Master of Health Care (Nursing) Master of Social Services Master of Health Care (Public Health Nursing)

Extent 90 cr./2.5 years

Typical Tasks for Graduates

After graduating, you can find employment from the public, private or third sector and work in various types of development and management tasks. The job titles after the graduation could include: head nurse, nursing director, director of nursing services, planning officer, service supervisor, service manager, project coordinator, project manager and regional director.

Implementation of Studies

As a graduate, you will be a competent professional in the management of social services and health care with the ability to take responsibility for the management and development of work communities. During your studies, you will strengthen your research and developmental -minded approach to working, which is characteristic of social and health care professionals. You will deepen your theoretical, multidisciplinary competence in your own area of expertise, and you will learn to understand the phenomena related to the processes of change and adapt your own managerial behaviour to these changes. Moreover, you will improve your ability to influence the development of your own field and to participate in the discussions about well-being policies, and you will also deepen your development competence on welfare services.



The objectives and contents of the education are connected to your own work and to the development of your expertise. The degree programme is implemented via blended learning so that you can study alongside with your work. However, a valid employment is not a prerequisite for studying. The education consists of 1-5 contact teaching days per month, guided distance studies, and independent learning. After the graduation, you will possess management skills with an emphasis on human resources strategies, competence in strategy work, and development of operations and the quality. You will also be competent in project work. The Master's degree provides you with a similar eligibility for public posts as other Master's degrees.

Structure and Content of Studies

Your studies include common studies (85 cr) and optional studies (5 cr). The aim of common studies is to deepen your management competence with a focus on human resources competence, competence in strategy work, and development of operations and the quality. During the studies, you will learn to manage the wide theoretical basis of your own field of expertise and understand the phenomena related to the processes of change and the management of these processes. The common studies also include a 30-credit thesis, which will be realised in cooperation with the commissioning organisation.

The contents of studies include professional development, managerial international competence, strategic planning and management, developing service systems in the field of social services and health care, financial management, and methods of proactive management. In addition, research methods, research-based development processes, development of theoretical views on management, leadership, and management of human resources will be studies. Optional studies can include studies in active ageing, sustainable management, and practical training in the management of health care and social services.

DEVELOPMENT AND MANAGEMENT OF HEALTH CARE AND SOCIAL SERVICES



Master of Health Care (Physiotherapy) Master of Health Care (Nursing) Master of Social Services Master of Health Care (Public Health Nursing) 90 cr / 2,5 years

Participatory Leadership | Innovative Leadership | Competence in Social and Health Care Service Systems | Modern Leadership | Ethical Competence | Innovation Competence | International Competence | Learning Skills | Working Community Competence

3 rd year	EXPERT PRAC	TITIONER		
Thesis Leadershij Optional S	o Development Plan 2 tudies	30 cr 1 cr 5 cr		
2 nd year	RESEARCHING	i DEVELOP	ER OF PROFESSIONAL PRACTIC	E
Research Methods Financial Management Developing Service Systems in Social Services and Health Care		5 cr 5 cr 5 cr	Renewable Local Leadership Managerial International Competence	5 cr 5 cr

1st year **DEVELOPER OF PROFESSIONAL PRACTICE**

Development of Management Theories	
Strategic Planning and Management	
Orientative Studies	
Self-management	
Leadership Development Plan 1	

Proactive Management Methods	5 сг
Management of Human Resources	5 сг
Investigative Development Process	5 сг

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Competence Requirements

Competence	Competence Description
competence	
	Master of Health Care (Physiotherapy), Master of Health Care (Nursing), Master of Social Services, Master of Health Care (Public Health Nursing)
Participatory Leadership	 is able to evaluate and develop management systems in society- and customer-oriented organisations. can anticipate changes in operative environments and develop the management system accordingly. is able to guide and assess employees based on their competence and on the organisational strategy, respect employees and engage them in decision-making. is able to continuously develop the different aspects of safety management and maintain well-being at work in a positive atmosphere.
Innovative Leadership	 is able to implement and manage organisational strategy-oriented research and development processes in cooperation with employees and experts using scientifically validated methods. is able to reflect, model and manage different phases of change processes and problem-solving processes in cooperation with the members of the work community. is able to identify signals indicating new development trends. is able to meet challenges by applying proactive methods.
Competence in Social and Health Care Service Systems	 is able to evaluate and analyse the effectiveness of social and health care management systems. can comply with current legislation in the field. has the ability to manage resources from an economical point of view. is capable of quality- and competence-based cooperation with entrepreneurs in the field regarding the production of services. has the skills in start one's own business. is able to independently plan and implement a strategy process, to develop organisational strategies in a customer-oriented manner using received feedback as a basis for development, and to lead an organisation applying the principles of strategic management.



Modern Leadership Ethical Competence	 can steer his/her own actions and the work of the work community according to the principles of sustainable development and understands the significance of professional growth and development for one's well-being. is familiar with the promotion and development of internationalisation as well as implementation of multiculturalism in practical management tasks. is able to assume responsibility for his/her community and the consequences of its actions. is able to apply the code of professional ethics of his/her field as
	 an expert and developer of professional practice. is able to make decisions and take into account various individual and collective perspectives. is able to promote and implement equality principles at work. is able to promote the principles of sustainable development and social responsibility. is able to lead and manage a business with a social impact based on ethical principles.
Innovation Competence	 is able to produce new information and renew working methods by innovatively combining knowledge from various fields. is able to manage projects. is able to manage research, development and innovation projects and use different research and development methods. is able to develop a customer-oriented, sustainable and profitable business.
International Competence	 is able to communicate internationally in professional and development assignments. is able to operate in various international environments. is able to anticipate the opportunities and effects of internationalisation at work.



Learning Skills	 is able to assess and develop one's competences and learning methods.
	- is able to retrieve, process and analyse information critically.
	- can assume responsibility for team learning and knowledge
	sharing.
Working Community	- is able to function as a member of a work community and
Competence	contribute to its well-being.
	- is able to function in various communication and interaction
	situations at work.
	 is able to use information and communication technology in the tasks of one's field.
	 is able to create business contacts and to work in professional networks.
	- is able to make decisions in new and unforeseeable situations.
	- is able to manage and supervise work and to work independently
	in expert positions.
	- has entrepreneurial skills and abilities.